

USATF Age Groups and XC Race Distances

JUNIOR OLYMPICS SERIES AND IYTA CONFERENCE MEETS

Born	Age on Dec. 31, 2014	Distance
2006-2007	7-8 yr old/Sub Bantam	2K = 1.24 mi
2004-2005	9-10/Bantam	3K = 1.86 mi
2002-2003	11-12/Midget	3K = 1.86 mi
2000-2001	13-14/Youth	4K = 2.48 mi
1998-1999	15-16/Intermediate	5K = 3.1 mi
1996-1997	17-18/Young	5K = 3.1 mi

HOOSIER CROSS COUNTRY GRAND PRIX SERIES (*Except Carmel Classic)

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*Carmel Classic (Nov. 8)

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