



Reasons to Join or Renew Your Membership in the Columbus Running Club

- Mapped Group Runs, weekly
 - Water stops at the Group Runs
- Support for Youth Cross Country
- Support for Youth Track
- Free training program for the Mill Race Marathon races
- Help to promote a healthy lifestyle
- Provide 2 Scholarships to High School seniors
- Support the annual Firecracker 5k race

Please consider joining or renewing for 2018
by sending a check to:
Columbus Running Club
P O Box 1317
Columbus, IN 47202

Or register on-line at signmeup.com

Prices (through May 1): Individual - \$20 or Family - \$30

Detach and mail to address above with your check

New: Renewal: Individual: Family: # of shirts

Name: _____

E-mail: _____

Address: _____

City, St, Zip: _____

Phone #: _____ Shirt size: (for new members) _____ (small to xxl)

Family member's names: _____ Date: _____

Signature: I agree to the Waiver and Release shown below _____

Waiver and Release

In consideration of acceptance of my joining Columbus Running Club, I hereby release, discharge and agree to hold free and harmless any sponsors, officials or organizers of the Columbus Running Club events (Saturday runs, Sunday runs, club socials, club meetings as scheduled) and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in these events. By execution of this waiver, I assume all risk associated with my participation in these events, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of these events and that my physical condition has been verified by a licensed medical doctor.