

2018
Age Divisions and XC Race Distances

USATF HOOSIER CROSS COUNTRY GRAND PRIX SERIES

Birth Year	Age Division	Race Distance
2010-2011	7-8	2K = 1.24 mi
2008-2009	9-10	3K = 1.86 mi
2006-2007	11-12	3K = 1.86 mi
2004-2005	13-14	4K = 2.48 mi
2002-2003	15-16	4k = 2.48 mi
2000-2001	17-18	4k = 2.48 mi

USATF JUNIOR OLYMPICS and AAU

Birth Year	Age Division	Race Distance
2010-2011	7-8	2K = 1.24 mi
2008-2009	9-10	3K = 1.86 mi
2006-2007	11-12	3K = 1.86 mi
2004-2005	13-14	4K = 2.48 mi
2002-2003	15-16	5k = 3.1 mi
2000-2001	17-18	5k = 3.1 mi